

PRACTICE SCHEDULE

The regular season for the Waves Team ends with the Y State Championships on March 1-3. Some swimmers may qualify for other championship meets and will continue to practice.

2018-2019

Practice Schedule (starting October 23)

	Monday	Tuesday	Wednesday	Thursday	Friday
Waves					
Group 1	-----	4:00-5:00p	-----	4:00-5:00p	-----
Group 2	-----	4:00-5:30p	4:00-5:30p	4:00-5:30p	-----
Group 3	4:00-5:30p(biweekly)	4:00-5:30p	4:00-5:30p	4:00-5:30p	-----

Monday practice dates are: November 5, 19/ December 3, 17/ January 14, 28/ February 11, 25

Practice Schedule (starting November 19)

	Monday	Tuesday	Wednesday	Thursday	Friday
Waves					
Group 1	-----	4:00-5:00p	-----	4:00-5:00p	-----
Group 2	-----	4:00-5:30p	5:00-6:15p	4:00-5:30p	-----
Group 3	5:00-6:15p(biweekly)	4:00-5:30p	5:00-6:15p	4:00-5:30p	-----
FA (starts Nov 19)	3:15-5:00p	5:30-7:00p	3:15-5:00p	5:30-7:00p	3:15-5:00p