



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STROKES AND TURNS CLINIC AT THE PISCATAQUIS REGIONAL YMCA!

Thursdays, April 25<sup>th</sup> – May 30<sup>th</sup>  
3:15p.m. – 4:00 p.m.

While having fun, your child will refine their swimming skills and build stamina in strokes such as free style and backstroke. We will also introduce skills in breaststroke, butterfly and flip turns.

**Cost:** \$30 Members | \$60 Non-Members

Scholarships are available!

\*For an additional fee, parents may register their child to take Bus 43 to the YMCA and have our qualified staff monitor and transition students through the locker room and onto the pool deck.

\*\*All children must be able to pass a deep water test.

**SIGN UP TODAY!** Stop by the Y or visit [prymca.org](http://prymca.org).

For more info, email Britney Gallagher at [b.gallagher@prymca.org](mailto:b.gallagher@prymca.org).

FOR KIDS  
6-12  
YEARS OLD!



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