



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

To: Field Hockey Parents
Group: Rookies (3-5 year olds)
Re: Field Hockey Season

Welcome to the 2019 Field Hockey season! This letter will better help parents to understand the YMCA's philosophy on youth sports. This framework embodies the mission of the YMCA and provides the foundation on which each child will develop the YMCA character values – Honesty, Caring, Respect, Responsibility and Inclusion.

1. Everyone plays.

2. Safety first. Although some children may get hurt playing sports, we do all we can to prevent injuries. Our goal is to make sure the equipment and facilities provide a safe learning experience. Skills taught are appropriate for children's developmental and fitness level. Coaches are encouraged to constantly supervise players.

3. Fair play. Fair play is about more than playing by the rules. It's about players, coaches, and parents showing respect for all who are involved in YMCA Youth Sports. Parents and coaches are expected to be good role models of sportsmanship and guiding players to do the same. We are more interested in developing children's character through sport than in developing a few highly skilled players.

4. Family involvement. YMCA Youth Sports encourages parents to be involved appropriately along with their child's participation in our sport programs. In addition to parents being helpful as volunteer coaches and officials, we encourage them to be at practices and games to support their child's participation.

5. Sport for fun. Sports are naturally fun for most children. They love the challenge of mastering the skills of the game, playing with their friends, and competing with their peers. Remember, that these sports are for the kids; let them have fun.

Other Important information:

Schedule: Field Hockey will meet on Monday's from 4:30-5:00pm from September 9 to October 21.

There will be **NO PRACTICE ON OCTOBER 14** (Columbus Day Holiday)

Practices: All practices will be held at the Park St. Field (behind the Y)

Equipment: Your coach will provide sticks & balls if your child will need one. Your child should wear shin guards & cleats or sneakers to play in.

Registration form: Please make sure to fill out the registration form at the Welcome Center in the Y.

Cancellation policy: If a practice is to be cancelled due to inclement weather or other unforeseen circumstances, it will be posted on the home page of the PRYMCA website (prymca.org) and the PRYMCA Facebook page alerting you of the cancellation by 7p on Friday. If you do not have access to the Internet, please call the PRYMCA (564-7111) to check for any cancellations. Thank you.

Thanks for taking the time to read thru the YMCA's philosophies and for choosing the YMCA where we are committed to youth development, healthy living and social responsibility.