

PRACTICE SCHEDULE

The regular season for the Waves Team ends with the Y State Championships on February 28 to March 1. Some swimmers may qualify for other championship meets and will continue to practice.

2019-2020

Practice Schedule (starting October 22)

	Monday	Tuesday	Wednesday	Thursday	Friday
Waves					
Group 1	-----	4:00-5:00p	-----	4:00-5:00p	-----
Group 2	-----	4:00-5:30p	4:00-5:30p	4:00-5:30p	-----
Group 3	-----	4:00-5:30p	4:00-5:30p	4:00-5:30p	-----

Monday practices will be on November 18, December 2, 16, 30, January 13, 27, February 10, 24

Practice Schedule (starting November 18)

	Monday	Tuesday	Wednesday	Thursday	Friday
Waves					
Group 1	-----	4:00-5:00p	-----	4:00-5:00p	-----
Group 2	-----	4:00-5:30p	5:00-6:15p	4:00-5:30p	-----
Group 3	5:00-6:15p(biweekly)	4:00-5:30p	5:00-6:15p	4:00-5:30p	-----
FA (starts Nov 18)	3:15-5:00p	5:30-7:00p	3:15-5:00p	5:30-7:00p	3:15-5:00p